

Learning from Home – Mudgee Public School Support Unit



Term 3 Week 9

The following timetable can be used by students to support learning at home. All tasks have been linked to syllabus outcomes. If technology is available at home, please use the attached links to support learning.

ATTENTION PARENTS:

Please note that we have tried to vary the learning to give options for all students.

The learning activities are colour coded so you can choose activities from one of the colour groups to suit your child.

We have tried to make sure activities that require resources are available in most homes.

If not, please do not go out and buy resources. Just do what you can. Stay safe!

Monday - Week 9, Term 3

Daily Task - Match socks and sort washing.

**Blue
Group**

English

Reading and Writing:

- Listen to or read – The Echidna and the Shade Tree <https://www.youtube.com/watch?v=8cyfjlvMypY> OR read another book from home. What happened in the story? Who were the characters and where did the story take place?
- Can you colour the echidna in? (see resource pack)

Phonics

- Today's letter is 't'. Can you find some letter 't' or 'T' in one of your books at home? How about some words that start with 't'. Ask an adult to help you spell them.
- Listen to Jolly Phonics song <https://www.youtube.com/watch?v=t6Pn2zVz3eo>
- Complete the errorless learning activity (see resource pack).

Writing

- The letter 't' and 'T' are easy to make with sticks, pencils or anything around the house. Make some and then trace around them to make the letter 't'.

**Yellow
Group**

English

Reading and Writing:

- Listen to or read – The Echidna and the Shade Tree <https://www.youtube.com/watch?v=8cyfjlvMypY> or Read another book from home. What happened in the story? Who were the characters and where did the story take place?
- Complete the Recount Plan about the story you read. You can write words or draw pictures into the boxes.

Spelling:

- Read your spelling words from your spelling list. Write your words into your workbook.

**Green
Group**

English

Reading and Writing:

Listen to or read – OR The Echidna and the Shade Tree <https://www.youtube.com/watch?v=8cyfjlvMypY> read another book from home.

- In your workbook, name the main characters, where they live and what the story was about.

Spelling:

- Read your spelling words from the list (In the resource section). Write your list out in your workbook.
- Try and sound each word out and count how many sounds are in each word.
- Talk to someone about what the words might mean and how they might be linked to one another.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Monday - Week 9, Term 3

Blue Group

Maths

- Sing some counting songs, 5 Little Ducks, Ten in the Bed. Or visit YouTube to listen.
- Number of the day - 5. Hold up 5 fingers. Can you count them? Can you get 5 of your toys? Complete Summer Number Activity – Number Five.
- Time - Today we will be focusing on night and day. What is day? What is night? How do we know when it's night-time/daytime? Can you think of an activity that you can do during the day? How about an activity at night-time? In your book can you draw a picture of you completing a night or daytime activity or maybe one of each? Maybe you could get a family member to take a photo of you completing tasks and send them to your teacher.
- Listen to this clip about night-time and daytime: <https://www.youtube.com/watch?v=oDiCsAqYskQ> . Here are some songs to listen to: <https://www.youtube.com/watch?v=Hlt6AIN9-ts> , <https://www.youtube.com/watch?v=gNDUPDtrkiQ> . You can also try this game: <https://wordwall.net/resource/1608204/day-and-night-activities>

Yellow Group

Maths

- Complete the Monday column from the Daily Maths Challenge resource
- Complete the Compare Numbers resource
- If you have online access watch Number Jacks Time <https://www.youtube.com/watch?v=1fx7URfGh8>
Afterwards tell someone what Spooky Spoon was doing...

Green Group

Maths

- Skip count by 5s to 100. Write the skip count pattern in your workbook. Do you have a clock with hands (analogue clock) in your house? Skip count by 5s around the clock or use the clock on the Green Group Maths Resource page to help you.
- On a new page in your workbook keep a diary for the things you do today and record the time for each activity. A sample diary can be found on the Green Group resource page. You could include things like; the time you woke up, had breakfast, had a shower/bath, did some reading, started schoolwork, had a break (morning tea), went for a walk, fed your pet, had lunch and dinner, watched tv, played a device and went to bed.
- Write out the name of the day, date and year for yesterday, today and tomorrow in your book under your skip counting record.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Blue Group

PBL Listen to the story The Way I Feel by Janan Cain <https://www.youtube.com/watch?v=MSdSWlfCpJ8>

How are you feeling today? What is making you feel that way? How do you look when you are happy? How do you know that someone is sad or angry? What does their body look like? Can you sort the pictures into people feeling happy, sad or angry? (see resources pack).

Yellow Group

PBL

- How are you feeling today? Think about why you feel happy, sad, angry? Think about what makes you happy? Puppies, chocolate, games, friends.
- Complete the things that make you happy sheet.

Green Group

PBL

- Think about the feelings you identified last week from the feelings cards. This week I want you to focus on making other people happy.
- Write down the people who live in your house and think of one thing you can do to help them feel happy. (give them a hug, say something nice to them, do a chore for them, make them a card or small gift)
- You are a feelings detective and you need to watch the people in your house and decide if they need cheering up and then do the thing you thought of earlier to help them feel happier!!

Tuesday - Week 9, Term 3

☐ Daily Task - Wash the dishes

**Blue
Group**

English

Reading

- ☐ Log onto Reading Eggs <https://readingeggs.com.au/> and complete your next level.
- ☐ OR grab a pillow and read your favourite book to your pet. Enjoy the sunshine.

Phonics

- ☐ Listen to Jolly Phonics songs <https://www.youtube.com/watch?v=jvAYUvQURGo>
- ☐ Complete the craft activity for the letter 't' (see resource pack).
- ☐ Complete the beginning sound 't' colouring activity (see resource pack).

Writing

- ☐ Complete the letter 't' handwriting and colouring activity(see resource pack).

**Yellow
Group**

English

Reading and Writing

- ☐ Listen to or read – The Echidna and the Shade Tree <https://www.youtube.com/watch?v=8cyfjlvMYPY> or Read another book from home – which book did you read?
- ☐ Complete the Character Description Sheet.
- ☐ Think about a character from the story. Write 5 words to describe them Echidna e.g. spiky , long nose, sharp claws, slow, angry.
- ☐ Write 2 sentences about the character you picked. If you need some help you can tell a grown up your sentence and they can write it for you to copy it into your book.

Spelling:

- ☐ Read your spelling words from your spelling list out loud. Write out your spelling words in your workbook, copying them from the list.
- ☐ Can you make your spelling words using Lego or blocks or even pegs????



**Green
Group**

English

Writing:

- ☐ In the story of the "Echidna and the Shade Tree", the shade tree was described as HUGE. In your book, write down as many words as you can that mean HUGE. Words that mean the same thing are called SYNONYMS.
- ☐ Complete the Synonym Match page in the Resource Pack – These can be written in your book or on the sheet.

Reading

- ☐ Complete the Echidna Questions. You can complete some of the Fast Finisher activities at the bottom if you have time.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Blue Group

Maths

- Do some counting. Try some online games. Here are some sites you could visit. <https://au.splashlearn.com/number-games> , <https://www.topmarks.co.uk/maths-games/5-7-years/counting> , <https://au.mathgames.com/>
- Number activity: Do you know what the number 5 looks like? Do you know how to 5? Practice with your finger on you hand or a family members' hand. Can you go outside and trace it in the dirt. In your workbook draw the number 5 nice and big. Now decorate it using pencils, or crayons, or markers etc.
- Time: Complete Day and Night worksheet. Then draw a picture of some activities you have done today. It could be brushing your teeth, eating breakfast, running outside etc.

Yellow Group

Maths

- Complete the Tuesday column from the Daily Maths Challenge resource
- Listen to the Number Rock Telling Time some <https://www.youtube.com/watch?v=MaVgBjVh4b8>
- Have someone help you time 60 seconds (1 minute). You have 60 seconds (1 minute) to do exactly 2 things. What 2 things can you do? Could you time someone else in your family to see how long it takes them to do the same 2 things? Write or draw in your workbook what you can do in 1 minute. For example jump 10 times, run to the letter box or make your bed.
- What are some things that take longer than 1 minute to complete, for example eat breakfast, walk to school or your favourite show. Write or draw things that take longer than 1 minute.

Green Group

Maths

- O'clock times** - Write out the o'clock times that occur each day starting at 1 o'clock (in the morning) in a list down your page. Check that you have 24 o'clock times listed. Beside each time, write whether you would be **awake** or **asleep** for each of the times.
- Complete the Number of the day sheet in your resource pack. Your number is 60.
- Think about the number 60 and how it relates to time. Talk about this with an adult or older sibling. Write some **time facts** about 60 in your workbook.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Blue Group

Geography

- Explore your backyard/front yard. Maybe your family members can take some photos of you outside. What is in your backyard/front yard? For example, animals, trees, plants etc. What is special about your backyard? Do you have a special place in your yard that you like to explore. Maybe you could play hide and seek or play an outside games with your family.

Yellow Group

Geography

Poster

- Take a walk around the house and think about all the things that can be recycled, newspapers, cardboard, bottles
- In your workbook, design a poster that shows images of the things that you can recycle. You may like to draw, use magazine pictures, catalogues or newspapers

Green Group

Geography

- Reducing Waste and Saving Resources** – How can you reduce waste at home? What resources can you save and how?
- Look at the poster in the Geography resource and read about ways to save resources and reduce waste. Take a walk around your home and make a tally of the things that may go into landfill. What could you use instead of these things?
- Create your own poster that explains ways to save resources like water, fuel and energy in your workbook or on a piece of paper.
- Think of one change you can make at home to save a resource like water or electricity? Write your idea in your workbook.

Wednesday - Week 9, Term 3

Daily Task – Make your bed.

Blue Group

English

Speaking and Listening

- Here is another version of this week's story The Echidna and the Shade Tree <https://www.youtube.com/watch?v=8cyfjlvMypY> . Have you heard any other stories like this?
- Have a game of Simon Says with someone at home.

Phonics

- Today's letter is 's' for snake. Listen to Jolly Phonics <https://www.youtube.com/watch?v=WjloeuYXjuM>.
- Can you find some examples of the letter s in a magazine. Did you see any words that started with s?
- Complete errorless learning task for s (see resource pack).

Writing

- Using playdough, sticks, string or anything else that you can find to make the letter shape 's'.
- Complete handwriting/colouring activity for 's' (see resource pack).

Yellow Group

English

Speaking and Listening

- Optional:** Watch Animal Tales with Tim Faulkner | Episode 5 | Echidnas <https://www.youtube.com/watch?v=bxh0Mca5y2w> Write 2 Echidna facts in your workbook.

Writing

- Complete the Parts of the Echidna worksheet. Pick the word from the word bank and match it to body part. Write it in the box next to the arrow.

Spelling

- Complete the Spelling Practice: ABC Order Sheet. Write out your spelling words in the first column and then write them in alphabetical order in the second column.
- If you have access to a digital device, here is a video to help remind you about Alphabetical order <https://www.youtube.com/watch?v=BkJv-7ITOWo>.

Green Group

English

Speaking and Listening

- Watch Animal Tales with Tim Faulkner | Episode 5 | Echidnas <https://www.youtube.com/watch?v=bxh0Mca5y2w>
OR Read the Echidna Fact File (Resource section) – Tell someone at home some interesting facts you have learnt.

Writing:

- Use the Venn Diagram (Resource Pack Wednesday). Choose a type of domestic pet and compare differences and similarities between it and echidnas. Think about habitat, body covering, how they move, relationships, food, needs, etc.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Wednesday - Week 9, Term 3

Blue Group

Maths

- A great way to practise counting is to play some board games, for example, snakes and ladders, trouble or Monopoly. If you have a board game that you like to play that involves counting maybe challenge a family member to a game.
- Numbers 1-5: Can you count to 5? Can you count backwards from 5? In your workbook practice writing the numbers 1-5, and maybe draw some pictures, you could draw one banana next the 1, or three teddy bears next to the 3. You could also use objects to make the numbers, for example using cutlery from the kitchen to make the number 5, or using shoelaces to make a 3.
- Time: In the resource book find the day and night sorting activity. With some help from a family member, cut out the pictures and stick them on the day picture if it is an activity that happens during the day, or stick onto the night picture if it is an activity completed at night.

Yellow Group

Maths

- Complete the Wednesday column from the Daily Maths Challenge resource
- Watch "What Time is it?" time video- <https://www.youtube.com/watch?v=1eGkW3JnthI> practice saying the times at the same time as the beaver
- Use the Telling The Time resource to help you draw the times on the digital clock

Green Group

Maths

- Say the Days of the week in order. Say the months of the year in order. Write the days in your workbook. Underline the weekdays and circle the weekend days.
- Look at the calendar for the month of January in the Green Group Maths resource sheet. Read the questions and write the answers in your workbook.
- Which months are in Winter? Summer? Autumn? Spring? What season are we in now? Write your answers in your book.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Blue Group

Science

- Do you have any flowers in your backyard or front yard? (Maybe you have weeds with colourful flowers) What colours are they? Get nice and close and use your investigating eyes to tell a family member what you see. Do you know what the parts of the flower are call (Stem, petal etc)? Gently touch the flower, what does it feel like? Smooth or rough? Or both? With permission pick one flower. Can you pull it apart gently and see what is inside? Talk to a family member about what you see or feel.

Yellow Group

Science

- Go out into you front or back yard, have a walk around and look to see what you have. Do you have flowers, trees, weeds?
- See- what colours can you see in the flowers, leaves, weeds
- Smell- choose a flower, weed, leaf and smell it, what does it smell like
- Touch- have a feel of a flower, wee, leaf, tree and explain to someone what it feels like. Is it rough, smooth, both.
- Choose a flower or leaf and see if you can draw what it looks like in your book. Can you label the parts?
- Complete the putting the flower together sheet.

Green Group








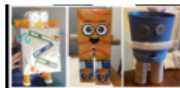



Science

- Re-watch Animal Tales with Tim Faulkner | Episode 5 | Echidnas <https://www.youtube.com/watch?v=bxh0Mca5y2w> **OR** Read the Echidna Life Cycle (Resource section)
- Write some facts about each part of the Life Cycle (Resource sheet)

Thursday - Week 9, Term 3 THANKFUL THURSDAY



Mudjee Public School Support R U OK? / Thankful Thursday activity rubric

Mindfulness	Gratitude	Get Creative	Physical / Games
<p>Senses Walk</p> <p>Go on a 'senses walk'. Think of all the things you can see, hear, smell and feel.</p>  <p>Collect 3 items from nature and describe them using your senses.</p>	<p>Journal Writing Ideas</p> <p>*Something someone did for you today *A person you love * Something you like to do * Something that made you laugh today *A song you like *A game you like to play *A new skill you have learned *A food you like to eat *A pet you love *Something you have that you know other people don't have *A memory of something you have done in the past</p>	<p>Rainbow Hunt</p> <p>Go on a rainbow scavenger hunt or make up your own</p> 	<p>Get Active</p> <p>Design a backyard fitness circuit. You could use balls, hula hoops, skipping ropes. Activities could include balancing, running, jumping, skipping, hopscotch, throwing, star jumps, hopping, sack races etc</p>
<p>Sensory Jar</p> <p>Make a special jar! Fill it with glitter/water/food colouring/small toys, Lego or beads. What sorts of things make the objects (emotions) in the jar swirl? Say them out loud as you shake the jar e.g. *losing a game * making a new friend *missing friends *spending time with family</p> 	<p>Write a letter</p> <p>Write a letter or a card to a family member or friend</p> 	<p>Calm Colouring</p> <p>Find a quiet place or put on some calming music and colour in some colouring in pages (some are attached)</p> 	<p>Outdoors</p> <p>Ride bikes or scooters, fly a kite, play fetch with your dog, blow bubbles, kick a ball, jump on the trampoline, weed the garden, look for bugs, explore the backyard with a magnifying glass, cloud watch, jump rope, backyard picnic, just run around, count how many birds you see, build a fort</p>
<p>Dadirri</p> <p><i>Dadirri</i> is a word from the Languages of the Aboriginal people which means inner, deep listening and quiet, still awareness. Take time to stop, look, listen and learn. Sit quietly outside, look at something interesting, close your eyes and listen to the sounds in the environment. Become aware of the birds and the trees and the wind.</p> 	<p>Be Kind</p> <p>Do a random act of kindness by doing something nice for someone at home</p> 	<p>Junk Art</p> <p>Get INVENTIVE and build something from things you find in your recycling.</p> 	<p>Disco</p> <p>Make a playlist of songs and have disco!</p>
<p>Outdoor Activities for Mindfulness</p> 	<p>Describing You</p> <p>How would your family describe you? Draw a self-portrait and write the words that describe you around it.</p>	<p>LEGO</p> <p>Lego building challenge (see attached Lego Challenge for details)</p> 	<p>Board Games</p> <p>Play a board or card game with someone you live with!</p> 

Thursday the 9th of September is R U OK? Day. This year especially it is important to look after ourselves so on Thursday students can stay offline and complete some wellbeing activities. They may choose a few from the rubric, think of some themselves or just find time to sit and have a chat. Support Unit teachers will also be offline on Thursday from 11.00am but would love to see a photo on Friday of an activity you may have completed.

Choose your Calm colouring from the resource sheets for Thursday

LEGO CHALLENGE

Sort your blocks into colours, then arrange and build a rainbow structure. You could build a rainbow house or a rainbow arch! Create any rainbow structure you like, and have fun!

Here are some more ideas that you could choose from!!

Learn some breathing exercises

to help you relax when you are feeling upset or worried.

Help mum or dad prepare a meal. Talk to them about the ingredients used.



Create a space just for you. Add your favourite books, activities, colouring in or drawing materials you like to explore and create with.

Build a cubby house (inside or outside)



Interview a grown up about R U OK? Day. Ask them for some ideas of what you could say to a friend who was not feeling ok.

Create an artwork using only natural materials.



Make a care package with a card, craft and/or little gift to give to a friend or family member to show you are thinking of them.

Pets – play with your pets, take them for a walk, help to clean their water bowls etc...



Make some **positive affirmation cards.**

I am grateful for...
I am proud of...
I feel calm when...
My smile is...

Take your lunch outside and find a lovely spot in your yard for a picnic.



Friday - Week 9, Term 3

Blue Group

Maths

- Listen to the Big Number Song on YouTube. If you have chalk take it out to the driveway and practice writing numbers. Which one is the best one? Put a circle around it.
- Number activity: Collect 5 items, could be toys, balls, cards etc. Take turns with a family member to get a specific amount by saying "Can you get me ___?" And choose a number from 1-5.
- Go back to Tuesday and play some number games online.
- Money: Find the paper money in the resource booklet. With help, cut out the money. Pretend to play shops with a family member using the money you cut out. You could set up your own shop in your bedroom using your toys or you could use pantry items.
- Try this game <https://static.moneysmart.gov.au/teaching/resources/money-match/index.html>

Yellow Group

Maths

- Complete the Friday column from the Daily Maths Challenge resource
- Watch the video to practice telling the time to the hour https://www.youtube.com/watch?v=g6tJAY_7AL4
- Complete the Revising Time to the Hour resource

Green Group

Maths**Use the Whole Year Calendar in the Green Group resource sheet for Friday**

- Find today's date on the calendar, count how many days until the end of the month. Work out the date 10 days later from today's date.
- Find your birthday on the calendar, count how many days until the end of the month. Work out the date 10 days after your birthday.
- Find Christmas on the calendar, count how many days until the end of the month. Work out the date 5 days after Christmas.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.

Blue Group

PDHPE- Let's Get Active

- Can you kick a ball along the ground? How about high into the air? Remember to keep your eye on the ball. Try different size and shape balls. What is the difference?
- What do you need to keep yourself healthy? What sort of food and drink do you eat?
- Make, or ask an adult to help you , a healthy afternoon tea snack. Have a lovely afternoon.

Yellow Group

PDHPE**Looking after our teeth**

- With a sibling, parent or friend discuss why you think it is important to brush our teeth?
- Think about foods that are good for our teeth such as vegetables or fruits, and which foods are a sometimes food such as chips, chocolates
- Complete the healthy teeth cut and paste.

Green Group

PDHPE

- Looking after our Teeth** – It is important to look after our teeth by brushing them twice a day. Morning after breakfast and at night before bed.
- Watch this video if you can [Hey Kids! Learn How To Brush Your Teeth Properly With Baby Tooth & Make the Tooth Fairy Happy! - YouTube](#) to see why we brush our teeth.
- Complete the teeth brushing record for the next week by colouring in the teeth on the resource sheet for Green Group.
- Complete the Word Search in the Green Group resource sheet.

Friday - Week 9, Term 3

Daily Task – Clean up your room.

**Blue
Group**

**English
Phonics**

Listen to Jolly Phonics songs <https://www.youtube.com/watch?v=t6Pn2zVz3eo>

Reading

This week we have looked at two sounds-'t' and 's'. Can you sort the sounds into the correct columns? (see resource packs)

Log into Reading Eggs <https://readingeggs.com.au/> and go into Fast Phonics. What level are you up to?

Writing

Complete the handwriting task for the letter 't' and 's'.

**Yellow
Group**

**English
Reading**

Log onto www.readingeggs.com.au and complete your next activity or read a book from home.

Writing

Complete the Handwriting Page – the Z movement is what we are practicing to start with. When you're finished writing, go outside and make this shape in the dirt, in the sand or on the concrete with chalk or water. Can you make big and small writing?

Use the Animal/ Pet Report in the Resources to write about an animal or pet that you know about. Try to use some describing words (adjectives) and some doing words (verbs).

**Green
Group**

**English
Spelling:**

Read your spelling words from your spelling list. Choose one of the activities from the Spelling Menu to complete. Try and choose something you haven't done before.

Reading:

Read a book to yourself or a family member.

Writing:

Use the Pet Report in the Resources to write about a pet (It can be yours or a friends or just an animal you know about.) Be sure to use full sentences and write as much detail as you can.

Break – Time to stop and refuel. Eat, play, have fun. Self-directed outside activities where possible.