

# Term 2 in the Canteen



Term 2 in the canteen, we are making from scratch:

- Sushi
- Lasagne
- Chicken and veggie noodle soup
- Savoury mince for jacket potatoes
- Pesto pasta
- Vegetable fried rice
- Hamburgers
- Veggie burgers
- Mini vegetable frittatas
- Pikelets
- Fruit muffins
- Fruit smoothies



Would you like to help out in the canteen? We'd love to have you. For 1 hour or the whole day, one day a week or one day a month - we are very flexible! Everyone is welcome - mums, dads, grandparents, carers. No experience required.

Duties include:

- Making easy, healthy canteen lunches
- Serving students at recess and lunch
- Having a good laugh and a chat

And for your valued time we will provide you with:

- A healthy, delicious lunch
- All the tea and coffee you can drink
- New friendships and fun



Please drop into the canteen and have a chat with Tracey or email [pandc@mudgeepublic.com.au](mailto:pandc@mudgeepublic.com.au).